



Toddler/Two's Snack Menu 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Happy New Year! LLL Closed	2 AM: Wheat Thins PM: Goldfish	3 AM: Good Thins PM: Shredded Carrots & Broccoli (w/dip)	4 AM: Toasted Oat Cereal & Milk PM: Bananas	5 
6	7 AM: Chex Cereal & Milk PM: Gold Fish	8 AM: Peaches PM: String Cheese	9 AM: Fruit Cocktail PM: Veggie Straws	10 AM: Cottage Cheese PM: Fresh Mandarin Oranges	11 AM: Wheat Thins PM: Apple Slices	12
13	14 AM: Hummus with Pita Bread PM: Good Thins	15 AM: Veggie Straws PM: Grapes (quartered)	16 AM: Oatmeal with Fruit PM: Cheese Cubes (quartered)	17 AM: Chex Cereal & Milk PM: Saltines	18 AM: Shredded Carrots & Cauliflower & Dip PM: Fruit Pizza (cream cheese & fruit topping on a soft tortilla shell)	19
20 	21 AM: Canned Peaches PM: Rice Cereal & Milk	22 You are baking today! AM: Banana & Strawberry Patterns PM: Gold Fish	23 AM: Oatmeal Muffins (make on Tuesday) PM: Wheat Thins	24 AM: Cheese Pizza (cream cheese spread, tomato, and shredded cheese on a soft tortilla shell) PM: Cucumbers & Dip	25 AM: Applesauce PM: Bananas	26
27 	28 AM: Veggie Straws PM: Trail Mix (goldfish, toasted oats, chex cereal)	29 AM: Berry Smoothie PM: Cheese Cubes (quartered)	30 AM: Polar Bear (yogurt w/banana ears & blueberry eyes & nose) PM: String Cheese	31 AM: Apple Slices PM: Cherry Tomatoes (quartered), Avocado, & Black Bean Salsa w/ french bread pieces	PALS Assessments for 4K: Jan 7 - 18 Note: All snacks are served with milk. Grayed days are days when there is NO 4K. Fresh veggies & fruits are chosen based on what is in season. What is served will be noted on the menu that day.	